There sure is a lot to learn about the health and well-being of children!
Luckily, you’ve got an incredible amount of information right at your “virtual” fingertips.

The following is a selected list of sites and sources we hope you’ll find useful. Choose a big site like The American Academy of Pediatrics or The Centers for Disease Control and Prevention and explore. Or, go to a more specialized site if you have a particular area of concern, like Zero to Three if you have a question about infant or toddler development.

**Guide to Credible Sites**

*Child & Family WebGuide*
(http://www.cfw.tufts.edu/)

Describes trustworthy websites on topics of interest to parents and professionals. In the Health/Mental Health category, topics include depression, eating disorders, food allergies, health hazards, obesity, safety, and many others.

*Maternal and Child Health Library at Georgetown University*
(http://www.mchlibrary.info/)

**Finding and Getting to a Health Provider**

*Florida Agency for Health Care Administration*  
(http://www.floridahealthfinder.gov/index.html)

Find performance, health outcome and pricing information. Includes a facility/provider locator, a health “encyclopedia” with multimedia information on many topics.  
(http://www.floridahealthfinder.gov/facilitylocator/facloc.aspx)

*Florida Commission for the Transportation Disadvantaged*  
(http://www.dot.state.fl.us/ctd/index.htm)

**For Children and Teens (including those with special needs)**

*Florida Children’s Medical Services’ Families page*  
(http://www.cms-kids.com/families/families.html)

Check out the tab for kids and teens! Puzzles, fun facts, links to other sources, and more.

The CMS site also has tabs for Families and Providers.

*American Academy of Pediatrics*  
(http://www.aap.org/)

Extremely wide range of topics.

*American Academy of Pediatrics’ “Healthy Children” site*  
(http://www.healthychildren.org/)

Information on just about any topic, arranged by child development stages as well as by major topics such as safety, health conditions, and family health management.

*Bright Futures*  
(http://www.brightfutures.org/)

A national health promotion initiative dedicated to the principle that every child deserves to be healthy and that optimal health involves a trusting relationship between the health professional, the child, the family, and the community as partners in health practice. Find a constellation of projects and organizations from their main site.

*Center for the Advancement of Child Welfare Practice’s Mental Health/Substance Abuse Resources site*  
(http://centerforchildwelfare.fmhi.usf.edu/mhsa/default.aspx)

**Centers for Disease Control and Prevention**  
(http://www.cdc.gov/family/index.htm)

COVERS THE ENTIRE RANGE OF HEALTH FOR CHILDREN AND FAMILIES; EXAMPLES INCLUDE PROM HEALTH AND SAFETY TIPS, FIVE MINUTES FOR HEALTH, AND A MINI-ENCYCLOPEDIA “ABCs OF RAISING SAFE AND HEALTHY KIDS.”

If you’re really high-tech, check this out: “Text4baby is a free cell phone text messaging service for pregnant women and new moms. Text messages are sent three times a week with information on how to have a healthy pregnancy and care for an infant.”  
(http://www.cdc.gov/women/text4baby/index.htm)

*Florida Department of Health*  
(http://www.doh.state.fl.us/)

Specifically, see the child and youth health page  
(http://www.doh.state.fl.us/Family/childhealth/index.html)

*Florida State University Center for Early Intervention and Prevention*  
(http://www.cpei.psu.edu/)

Offers information and resources for advocates, attorneys, service providers, teen parents, and others involved with young children. The Center has a particular focus on infant mental health, but offers as well a curriculum for Healthy Babies Home Visiting, health and development of children in child welfare, and Quality Child Care links. A major new initiative involves support for replicating a Child Well-Being Court Team model that originated in Miami.

*(more resources on the next page...)*
For Foster Parents

The Just-in-Time web based learning project is designed to connect foster parents with trainers who can answer their questions and give them a framework for dealing with these challenges.

Infants and Toddlers

Zero To Three (http://www.zerotothree.org/)
Health and development for infants and toddlers. Fascinating and informative – among other things, see the Baby Brain Map! Answers to questions like “Does holding a newborn actually affect brain development?” and practical tips for “what you can do.”

Growing from Child to Adult

Florida Health and Transition Services (http://www.floridahats.org/)
A program to support a successful transition from pediatric to adult health care for all youth and young adults in Florida, including those with disabilities, chronic health conditions or other special health care needs. Provides a searchable health services directory for young adults, and links to other directories.

Healthy Smiles: Dental Information


“Children’s Dental Health: The Next Frontier in Well-Being” (http://centerforchildwelfare.frnhi.usf.edu/mhsa/MHSA_Phys_Dent_Resources/ChDentalHealth.pdf)

Florida Department of Health’s Dental Health Resource Listing (http://www.doh.state.fl.us/Family/dental/resources/index.html)

Maternal and Child Health Library at Georgetown University (http://www.mchlibrary.info/KnowledgePaths/kp_oralhealth.html)
Has various “knowledge paths” with links to resources for oral health, among many other topics.

These resources are brought to you by:

www.dcf.state.fl.us
www.centerforchildwelfare.org